



# 2023 SPRING FLYER

## CANSKATE & PRECANSKATE

### PRECANSKATE PROGRAM

**PRECAN - FACE CAGE IS REQUIRED**

Suitable for skaters 3-6 YRS

No experience necessary

Small groups rotate through circuits

Introducing skills and playing games

EQUIPMENT REQ'D - Skates, Mitts

**CSA approved hockey helmet mandatory**

**NO BIKE HELMETS**

**Register one skater for 2 days  
per week(in the same session)  
and save \$40**



### PRECANSKATE PROGRAMS

DAY	START	WEEKS	END	TIME	LOCATION	COST	CODE
MON	03-Apr	10 WKS	12-Jun	5:25-5:55 PM	MSC-C	\$235	S-MPC1
MON	03-Apr	10 WKS	12-Jun	5:55-6:25 PM	MSC-C	\$235	S-MPC2
MON	03-Apr	10 WKS	12-Jun	6:25-6:55 PM	MSC-C	\$235	S-MPC3
TUES	04-Apr	10 WKS	06-Jun	5:25-5:55 PM	MSC-C	\$235	S-TUPC1
TUES	04-Apr	10 WKS	06-Jun	6:10-6:40 PM	MSC-C	\$235	S-TUPC2
THURS	06-Apr	10 WKS	08-Jun	6:05-6:35 PM	MSC-D	\$235	S-THPC1
THURS	06-Apr	10 WKS	08-Jun	6:35-7:05 PM	MSC-D	\$235	S-THPC2
FRI	14-Apr	9WKS	09-Jun	6:25-6:55 PM	MSC-D	\$225	S-FPC
SAT	08-Apr	10 WKS	10-Jun	10:05-10:35 AM	MSC-C	\$235	S-SPC1
SAT	08-Apr	10 WKS	10-Jun	10:35-11:05 AM	MSC-C	\$235	S-SPC2
SAT	08-Apr	10 WKS	10-Jun	12:25-12:55 PM	MSC-C	\$235	S-SPC3
SUN	16-Apr	8 WKS	11-Jun	10:45-11:15 AM	MSC-D	\$215	S-SUPC1
SUN	16-Apr	8 WKS	11-Jun	12:25-12:55 PM	MSC-D	\$215	S-SUPC2

### CANSKATE PROGRAM

**CANSKATE - FACE CAGE IS RECOMMENDED**

Suitable for skaters 6-13 YRS

U6 must complete MSC Pre-Canskate

NO Skating experience REQ'D

Groups rotate through skill circuits

Progression to hockey or Figure Skating

EQUIPMENT REQ'D - Skates, Mitts

**CSA approved hockey helmet mandatory**

**NO BIKE HELMET**



### CANSKATE PROGRAMS

DAY	START	WEEKS	END	TIME	LOCATION	COST	CODE
MON	03-Apr	10 WKS	12-Jun	5:15-6:05 PM	MSC-C	\$245	S-MC1
MON	03-Apr	10 WKS	12-Jun	6:15-7:05 PM	MSC-C	\$245	S-MC2
TUES	04-Apr	10 WKS	06-Jun	5:15-6:00 PM	MSC-C	\$245	S-TUC1
TUES	04-Apr	10 WKS	06-Jun	6:00-6:45 PM	MSC-C	\$245	S-TUC2
WED	05-Apr	10 WKS	07-Jun	7:10-8:00 PM	MSC-D	\$245	S-WC
THURS	06-Apr	10 WKS	08-Jun	5:15-6:05 PM	MSC-D	\$245	S-THC1
THURS	06-Apr	10 WKS	08-Jun	7:15-8:05 PM	MSC-D	\$245	S-THC2
FRI	14-Apr	9WKS	09-Jun	6:15-7:05 PM	MSC-D	\$235	S-FC
SAT	08-Apr	10 WKS	10-Jun	9:15-10:05 AM	MSC-C	\$245	S-SC1
SAT	08-Apr	10 WKS	10-Jun	11:15-12:05 PM	MSC-C	\$245	S-SC2
SAT	08-Apr	10 WKS	10-Jun	12:15-1:05 PM	MSC-C	\$245	S-SC3
SUN	16-Apr	8 WKS	11-Jun	11:15-12:05 PM	MSC-D	\$225	S-SUC1
SUN	16-Apr	8 WKS	11-Jun	12:15-1:05 PM	MSC-D	\$225	S-SUC2

