



# 2023 WINTER FLYER

## CANSKATE & PRECANSKATE

### PRECANSKATE PROGRAM

**PRECAN - FACE CAGE IS REQUIRED**

Suitable for skaters 3-6 YRS

No experience necessary

Small groups rotate through circuits

Introducing skills and playing games

EQUIPMENT REQ'D - Skates, Mitts

**CSA approved hockey helmet mandatory**

**NO BIKE HELMETS**

**Register one skater for 2 days  
per week(in the same session)  
and save \$40**



### PRECANSKATE PROGRAMS

DAY	START	WEEKS	END	TIME	LOCATION	COST	CODE
SAT	07-Jan	10 WKS	01-Apr	10:05-10:35 AM	MSC-A	\$235	W-SPC1
SAT	07-Jan	10 WKS	01-Apr	10:35-11:05 AM	MSC-A	\$235	W-SPC2
SAT	07-Jan	10 WKS	01-Apr	12:05-12:35 PM	MSC-A	\$235	W-SPC3
SUN	08-Jan	10 WKS	02-Apr	10:45-11:15 AM	MSC-A	\$235	W-SUPC1
SUN	08-Jan	10 WKS	02-Apr	12:25-12:55 PM	MSC-A	\$235	W-SUPC2
MON	09-Jan	11 WKS	27-Mar	5:25-5:55 PM	MSC-C	\$245	W-MPC1
MON	09-Jan	11 WKS	27-Mar	5:55-6:25 PM	MSC-C	\$245	W-MPC2
MON	09-Jan	11 WKS	27-Mar	6:25-6:55 PM	MSC-C	\$245	W-MPC3
TUES	10-Jan	11 WKS	28-Mar	5:25-5:55 PM	MSC-C	\$245	W-TUPC1
TUES	10-Jan	11 WKS	28-Mar	6:10-6:40 PM	MSC-C	\$245	W-TUPC2
THURS	12-Jan	11 WKS	30-Mar	6:05-6:35 PM	MSC-A	\$245	W-THPC1
THURS	12-Jan	11 WKS	30-Mar	6:35-7:05 PM	MSC-A	\$245	W-THPC2
FRI	13-Jan	9 WKS	31-Mar	6:25-6:55 PM	MSC-A	\$225	W-FPC

### CANSKATE PROGRAM

**CANSKATE - FACE CAGE IS RECOMMENDED**

Suitable for skaters 6-13 YRS

U6 must complete MSC Pre-Canskate

NO Skating experience REQ'D

Groups rotate through skill circuits

Progression to hockey or Figure Skating

EQUIPMENT REQ'D - Skates, Mitts

**CSA approved hockey helmet mandatory**

**NO BIKE HELMET**



### CANSKATE PROGRAMS

DAY	START	WEEKS	END	TIME	LOCATION	COST	CODE
SAT	07-Jan	10 WKS	01-Apr	9:15-10:05 AM	MSC-A	\$245	W-SC1
SAT	07-Jan	10 WKS	01-Apr	11:15-12:05 PM	MSC-A	\$245	W-SC2
SAT	07-Jan	10 WKS	01-Apr	12:15-1:05 PM	MSC-A	\$245	W-SC3
SUN	08-Jan	10 WKS	02-Apr	11:15-12:05 PM	MSC-A	\$245	W-SUC1
SUN	08-Jan	10 WKS	02-Apr	12:15-1:05 PM	MSC-A	\$245	W-SUC2
MON	09-Jan	11 WKS	27-Mar	5:15-6:05 PM	MSC-C	\$255	W-MC1
MON	09-Jan	11 WKS	27-Mar	6:15-7:05 PM	MSC-C	\$255	W-MC2
TUES	10-Jan	11 WKS	28-Mar	5:15-6:00 PM	MSC-C	\$250	W-TUC1
TUES	10-Jan	11 WKS	28-Mar	6:00-6:45 PM	MSC-C	\$250	W-TUC2
THURS	12-Jan	11 WKS	30-Mar	5:15-6:05 PM	MSC-A	\$255	W-THC1
THURS	12-Jan	11 WKS	30-Mar	7:15-8:05 PM	MSC-A	\$255	W-THC2
FRI	13-Jan	9 WKS	31-Mar	6:15-7:05 PM	MSC-A	\$235	W-FC

