



2022 QUICKSTART FLYER

CANSKATE & PRECANSKATE



PRECANSKATE PROGRAM

PRECAN - FACE CAGE IS REQUIRED

Suitable for skaters 3-6 YRS

No experience necessary

Small groups rotate through circuits

Introducing skills and playing games

EQUIPMENT REQ'D - Skates, Mitts

CSA approved hockey helmet mandatory

NO BIKE HELMETS



PRECANSKATE PROGRAMS

DAY	START	WEEKS	END	TIME	LOCATION	COST	CODE
TUES	13-Sep	4 WK	04-Oct	5:25-5:55 PM	MSC-C	\$120	Q-TUPC1
TUES	13-Sep	4 WK	04-Oct	6:10-6:40 PM	MSC-C	\$120	Q-TUPC2
THURS	15-Sep	4 WK	06-Oct	6:05-6:35 PM	MSC-C	\$120	Q-THPC1
THURS	15-Sep	4 WK	06-Oct	6:35-7:05 PM	MSC-C	\$120	Q-THPC2
SAT	17-Sep	4 WK	08-Oct	10:05-10:35 AM	MSC-A	\$120	Q-SPC1
SAT	17-Sep	4 WK	08-Oct	10:35-11:05 AM	MSC-A	\$120	Q-SPC2



**Register one skater for 2 days
per week(in the same session)
and save \$40**

CANSKATE PROGRAM

CANSKATE - FACE CAGE IS RECOMMENDED

Suitable for skaters 6-13 YRS

U6 must complete MSC Pre-Canskate

NO Skating experience REQ'D

Groups rotate through skill circuits

Progression to hockey or Figure Skating

EQUIPMENT REQ'D - Skates, Mitts

CSA approved hockey helmet mandatory

NO BIKE HELMET

CANSKATE PROGRAMS

DAY	START	WEEKS	END	TIME	LOCATION	COST	CODE
TUES	13-Sep	4 WK	04-Oct	5:15-6:00 PM	MSC-C	\$125	Q-TUC1
TUES	13-Sep	4 WK	04-Oct	6:00-6:45 PM	MSC-C	\$125	Q-TUC2
THURS	15-Sep	4 WK	06-Oct	5:15-6:05 PM	MSC-C	\$130	Q-THC1
THURS	15-Sep	4 WK	06-Oct	7:15-8:05 PM	MSC-C	\$130	Q-THC2
SAT	17-Sep	4 WK	08-Oct	9:15-10:05 AM	MSC-A	\$130	Q-SC1
SAT	17-Sep	4 WK	08-Oct	11:15-12:05 PM	MSC-A	\$130	Q-SC2

