

# EQUIPMENT CHECKLIST

## SKATES



- Hockey skates or figure skates. They should have laces
- Leather skates with good ankle support are recommended
- Plastic adjustable or "bob skates" are **NOT** recommended
- GET THEM SHARPENED
- Make sure they fit properly, too small of a skate will result in cold feet, too large of a skate balance is compromised.

## HELMET - CSA APPROVED



- Hockey helmet with a face cage is recommended for Canskate
- Hockey helmet with face cage is **REQUIRED** for PreCanskate & Parent /Tot
- Make sure helmet fits your skaters head properly
- **BIKE HELMET, SKATEBOARD HELMET AND SKIING HELMET WILL NOT BE ACCEPTED**

## CLOTHING



- Waterproof splash pants or snow pants
- Waterproof mittens or gloves
- Remember your child will be exercising so too many layers of clothing will hinder movement.
- No scarfs/No Jeans



**The Milton Skating Club will not provide equipment, nor are rentals available. Skaters that show up to classes without the proper equipment will not be allowed on the ice**



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