



QUICKSTART 2021

TOWN OF MILTON RULES

1. Face masks required at all times within the building
2. Face masks NOT required on the ice
3. Physical Distancing must be maintained at all times
4. Participants enter and exit through the MAIN door
5. Arrive 20 mins prior to start of the session(NO EARLIER)

PRECAN PROGRAM

PRECAN - PLEASE MAKE SURE YOUR SKATER

HAS A FACE CAGE

Suitable for skaters 3-6 yrs
 No experience necessary
 Small groups rotate through circuits
 Introducing skills and playing games
 EQUIPMENT REQ'D - Skates, Mitts
 CSA approved hockey helmet mandatory-

NO BIKE HELMETS

CANSKATE PROGRAM

CANSKATE - FACE CAGE IS RECOMMENDED

Suitable for skaters 6-13 yrs
 U6 must complete MSC Pre-Canskate
 NO Skating experience req'd
 Groups rotate through skill circuits
 Progression to hockey or Figure Skating
 EQUIPMENT REQ'D - Skates, Mitts
 CSA approved hockey helmet mandatory-

NO BIKE HELMETS

PARENT AND TOT PROGRAM

Suitable for children 2-4 yrs and not quite ready to skate without a parent.
 This is a 2 part registration: Child/Adult. Parent/ Guardian must be experienced and over 18 years of age. Helmet optional for adult only.
 1 consistent parent req'd - \$44 each add'l parent

PRE POWER PROGRAM

This Program is for skaters that have strong fundamentals of skating and are starting to learn Hockey based skills and fundamentals. Skaters must have completed CanSkate stage 2 OR must be 7 years of age or older. Full hockey equipment and stick is required. Participants will be divided up by skill not age.
 Jersey will be provided

CANPOWER PROGRAM

A dynamic, high energy instructional power skating program geared to hockey skaters. Focuses on balance, technique/efficiency, power, agility and speed. Must have completed Level 3 of the Pre Power Program OR by invitation OR 10 years of age or older. Full hockey equipment and stick is required. Participants will be divided up by skill not age.
 Jersey will be provided

PLEASE NOTE:

DRESSING ROOMS WILL BE AVAILABLE. PLEASE MAKE SURE YOUR SKATERS COME FULLY DRESSED WITH ONLY SKATES TO PUT ON WHICH CAN BE DONE IN THE DRESSING ROOM. PLEASE MAKE SURE YOU HAVE HARD SKATE GUARDS IF YOU CHOOSE NOT TO USE A DRESSING ROOM.



Day	Start	Wks	End	Time	Where	\$	Code
PRECANSKATE							
Sat	Sept 11	5WK	Oct 9	9:50-10:20 am	MSC-A	\$135	Q-SPC1
Sat	Sept 11	5WK	Oct 9	10:20-10:50 am	MSC-A	\$135	Q-SPC2
Tues	Sept 14	4WK	Oct 5	5:10-5:40 pm	MSC-C	\$120	Q-TUPC1
Tues	Sept 14	4WK	Oct 5	5:50-6:20 pm	MSC-C	\$120	Q-TUPC2
Thurs	Sept 16	4WK	Oct 7	5:50-6:20 pm	MSC-A	\$120	Q-THPC1
Thurs	Sept 16	4WK	Oct 7	6:20-6:50 pm	MSC-A	\$120	Q-THPC2

Day	Start	Wks	End	Time	Where	\$	Code
CANSKATE							
Sat	Sept 11	5WK	Oct 9	9:00-9:50 am	MSC-A	\$145	Q-SC1
Sat	Sept 11	5WK	Oct 9	11:00-11:50 am	MSC-A	\$145	Q-SC2
Tues	Sept 14	4WK	Oct 5	5:00-5:45 pm	MSC-C	\$125	Q-TUC1
Tues	Sept 14	4WK	Oct 5	5:45-6:30 pm	MSC-C	\$125	Q-TUC2
Thurs	Sept 16	4WK	Oct 7	5:00-5:50 pm	MSC-A	\$130	Q-THC1
Thurs	Sept 16	4WK	Oct 7	7:00-7:50 pm	MSC-A	\$130	Q-THC2

Day	Start	Wks	End	Time	Where	\$	Code
POWER SKATING							
Pre-Power	Tues	Sept 14	4 wks	Oct 5	6:40-7:15 pm	MSC-C	\$120 Q-TUPP
CanPower	Tues	Sept 14	4 wks	Oct 5	7:15-7:50 pm	MSC-C	\$150 Q-TUCP
Pre-Power	Wed	Sept 15	4 wks	Oct 6	7:30-8:05 pm	MSC-A	\$120 Q-WPC
CanPower	Wed	Sept 15	4 wks	Oct 6	8:05-8:50 pm	MSC-A	\$155 Q-WCP

Day	Start	Wks	End	Time	Where	\$	Code
Parent/Tot							
Parent/Tot	Thurs	Sept 16	4 wks	Oct 7	5:50-6:20pm	MSC-A	\$160 Q-THPT
Parent/Tot	Thurs	Sept 16	4 wks	Oct 7	5:50-6:20pm	MSC-A	\$0 Q-THPTA



The Milton Skating Club reserves the right to alter program length and cost due to changes in ice

