



## **Milton Skating Club COVID-19 Protocols**

All individuals participating in Milton Skating Club programs must complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 (“COVID-19 Waiver”). Failure to do so means that individual must not participate in club programs and/or activities.

- Skaters
- Coaches
- Staff
- Board Members
- Volunteers

### **Procedure for if an individual becomes unwell with symptoms of COVID-19:**

- If an individual becomes unwell with symptoms of COVID-19 that individual must immediately follow public health guidelines and review MSC health screening questionnaire before participating in MSC activities.
- Any individuals that become unwell with symptoms of COVID-19 during a program or activity will be required to cease participation and will be sent home. The individual will be isolated from all others in a well-ventilated area, or outside, and will be required to wear a non-medical face mask until they have exited the facility.
- The individual is instructed to follow public health guidelines regarding self-isolation and testing.
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting.
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing. COVID-19 Oversight Group can be contacted through the Milton Skating Club office [Miltonskatingclub@bellnet.ca](mailto:Miltonskatingclub@bellnet.ca)

### **An individual is tested for COVID-19 Procedure:**

- Any individual that is part of MSC that has been tested for COVID-19 must not participate in club or skating school activities while waiting for the results of the test.

### **An individual tests positive for COVID-19 Protocol:**

- If an individual tests positive for COVID-19, they should inform their Base Coach / Office / Session Convener immediately.
- The COVID-19 Oversight Group will work where requested with the Club, facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist

public health officials in informing other club members who may have been in close contact with the individual.

- Any MSC members who were in close contact with the individual will be contacted by Public Health if deemed high risk, and if notified cannot participate in club programs or activities for a duration of time set out by Public Health. These individuals must follow public health guidelines regarding self-isolation and testing.
- MSC will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- MSC will inform Skate Ontario of a positive COVID-19 diagnosis by email.

**Return to club/skating activities following illness procedure:**

- If no test was performed, or the COVID-19 test was negative, the individual may only return to MSC activities once they no longer have any symptoms of COVID-19 and have been cleared by Public Health.

**Return to club/skating activities following COVID-19 protocol:**

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

**Modification/restriction/postponing or canceling of club programs or activities:**

- Based on the evolving COVID-19 pandemic, MSC is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities.
- MSC members will be informed as soon as possible of any modifications/restrictions or cancellations.
- MSC will keep any modifications and restrictions in place until advised that it is safe to resume activities by Public Health, government or sport officials Public Health Guidelines.
- MSC members should follow all public health guidelines regarding COVID-19. These may include:
  - Any club/skating school members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and not participate in MSC activities for 14 days;
  - Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in MSC activities for 14 days; and
  - Any individual with symptoms of COVID-19 is not permitted to take part in MSC activities.

**MSC COVID Oversight Group must be advised in writing by email at [miltonskatingclub@bellnet.ca](mailto:miltonskatingclub@bellnet.ca). All steps will be taken to ensure that protocols have been followed and all required persons informed in order to keep all of our members safe and informed.**