



MILTON Skating Club

The Milton Skating Club is a not-for-profit community sport group governed by Skate Canada. Run by volunteers, we have been serving the community for over 45 years. Our mission is to provide high quality skating programs to individuals of all ages, which will allow for the development of skating skills for figure skating, hockey or recreational skating, as well as good sportsmanship, competitive spirit and life skills. When you register with the Milton Skating Club you are guaranteed a coaching staff certified by the National Coaching Certification Program & licensed

PRE POWER

This Program is for skaters that have strong fundamentals of skating and are starting to learn Hockey based skills and fundamentals. Skaters must have completed CanSkate stage 2 OR must be 7 years of age or older. Full hockey equipment and stick is required. Participants will be divided up by skill not age.

CANPOWER

A dynamic, high energy instructional power skating program geared to hockey skaters. Focuses on balance, technique/efficiency, power, agility and speed. Must have completed Level 3 of the Pre Power Program OR by invitation OR 10 years of age or older. Full hockey equipment and stick is required. Participants will be divided up by skill not age.

Website: www.miltonskatingclub.com
 Email: miltonskatingclub@bellnet.ca
 Tel: 905-878-9311

POWER SKATING

QuickStart Programs

Pre-Power	Tues	Sept 3	6 wks	Oct 8	7:15-7:50pm	MSC-C	\$170	Q-TPP
Pre-Power	Wed	Sept 4	6 wks	Oct 9	7:30-8:10pm	MSC-A	\$175	Q-WPP
CanPower	Wed	Sept 4	6 wks	Oct 9	8:10-8:50pm	MSC-A	\$205	Q-WCP
Pre-Power	Sun	Sept 8	5 wks	Oct 6	10:00-10:50am	MSC-A	\$165	Q-SUPP
CanPower	Sun	Sept 8	5 wks	Oct 6	11:00-11:50am	MSC-A	\$195	Q-SUCP

Fall Programs

Pre-Power	Tues	Oct 15	10 wks	Dec 17	7:25-8:05pm	MSC-C	\$240	F-TPP
Canpower	Tues	Oct 15	10 wks	Dec 17	8:05-8:50pm	MSC-C	\$275	F-TCP
Pre-Power	Wed	Oct 16	10 wks	Dec 18	7:30-8:10pm	MSC-A	\$240	F-WPP
Canpower	Wed	Oct 16	10 wks	Dec 18	8:10-8:50pm	MSC-A	\$270	F-WCP

Winter Programs

Pre-Power	Tues	Jan 7	13 wks	Apr 7	7:15-7:50pm	MSC-C	\$265	W-TPP
Pre-Power	Wed	Jan 8	13 wks	Apr 8	7:30-8:10pm	MSC-A	\$270	W-WPP
Canpower	Wed	Jan 8	13 wks	Apr 8	8:10-8:50pm	MSC-A	\$300	W-WCP

Spring Programs

Pre-Power	Mon	Apr 13	8 wks	Jun 8	5:00-5:50 pm	MSC-C	\$230	S-MPP
Pre-Power	Tues	Apr 14	8 wks	Jun 2	7:15-7:50pm	MSC-C	\$215	S-TPP
Pre-Power	Wed	Apr 15	8 wks	Jun 3	7:30-8:10pm	MSC-A	\$220	S-WPP
Canpower	Wed	Apr 15	8 wks	Jun 3	8:10-8:50pm	MSC-A	\$250	S-WCP