



# MILTON Skating Club

## 2019-2020 Registration Package

Sanctioned by Skate Canada

Club Number 1000447



Phone: 905-878-9311

Website: [miltonskatingclub.com](http://miltonskatingclub.com)

Email: [miltonskatingclub@cogeco.ca](mailto:miltonskatingclub@cogeco.ca)

Home Rink - Milton Sports Centre - Rink A and C

605 Santa Maria Blvd, Milton, L9T 6J5

### **Mission Statement**

The Milton Skating Club strives to provide high quality programs to individuals and groups of all ages in turn allowing for the development of skating skills for figure skating, hockey, or recreational skating, as well as good sportsmanship, competitive spirit and life skills.

The Milton Skating Club is thankful for the continued support of the Milton community fund

# 2019-2020

## ICE SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Rink A</b>	<b>Rink A</b>	<b>Rink A</b>	<b>Rink C</b>	<b>Rink A</b>	<b>Rink C</b>
<b>ELITE</b> 4:00-5:00 Freeslate only	<b>ELITE</b> 4:00-4:50 Freeslate only	<b>STAR 6-10/GOLD</b> 4:00-4:50 Open	<b>ELITE</b> 4:00-5:00 Freeslate only	<b>Competitive STAR 4* - GOLD</b> 4:00-5:00 Freeslate only	<b>Competitive STAR 4*-GOLD</b> 9:00-10:00 Freeslate
<b>Competitive STAR 5-7</b> 5:00-6:00 Freeslate only	<b>PRE-Competitive</b> 4:50-5:40 Freeslate only	<b>STAR 3 / STAR 4 STAR 5</b> 4:50-5:40 Open	<b>Competitive STAR 4* - GOLD</b> 5:00-6:00 Freeslate only	<b>Elite Competitive</b> 5:00-6:00 Freeslate only	<b>Pre-Competitive</b> 10:00-10:50 Open
<b>Flood</b>	<b>Flood</b>	<b>Flood</b>	<b>Flood</b>	<b>Rec Programs</b> 6:00-6:50 Open	<b>Flood</b>
<b>SELECT</b> 6:10-7:00 Open	<b>STAR 2 / STAR 3</b> 5:50-6:50 Open	<b>STAR 2 / STAR 3</b> 5:50-6:40 Open	<b>STAR 2 / STAR 3</b> 6:10-7:10 Open		<b>ELITE</b> 11:00-12:00 Freeslate
<b>PRE STAR STAR 1 / STAR 2</b> 7:00-8:00 Open	<b>PRE STAR / STAR 1</b> 6:50-7:50 Open	<b>PRE STAR STAR 1 / STAR 2</b> 6:40-7:30 Open	<b>PRE STAR STAR 1 / STAR 2</b> 7:10-8:10 Open		<b>STAR 2 / STAR 3 STAR 4</b> 12:00-1:00 Open
<b>STAR 3-GOLD</b> 8:00-8:50 Open	<b>STAR 3-7</b> 7:50-8:50 Open	<b>Rec Programs</b> 7:30-8:50 Open	<b>Rec Programs</b> 8:10-8:50	<b>Sunday</b>	<b>PRE STAR STAR 1 / STAR 2</b> 1:00-1:50 Open
<b>Rink C</b>	<b>Rink C</b>		<b>Rink A</b>	<b>Rink C</b>	<b>Rink A</b>
<b>Rec Programs</b> 5:00-6:50	<b>Rec Programs</b> 5:00-8:50		<b>Rec Programs</b> 5:00-7:50	<b>Rec Programs</b> 10:00-12:50	<b>Rec Programs</b> 9:00-12:50

Milton Skating Club Membership Fee: The club membership fee includes the following...

MSC administration fees, Skate Canada Membership and insurance, 2 books of Skate Ontario Lottery Tickets, ONE 45 min off-Ice class per week, Year end Award Subsidy, Testing Administration.

**Guest Skating:** A skater may "Guest skate" on any session for which they qualify subject to prior approval by the TECHNICAL DIRECTOR at a cost of \$10.00 for STARSKATE sessions, and \$15 for competitive sessions. (Non-Club \$20). **This privilege is limited to 5 times per skater per season for STARSkaters and 4 times per skater for competitive skaters.**

**Qualifications:** Skaters must purchase the membership session that meets their competitive level of July 1/19. Skaters that qualify for a new session after July 1<sup>st</sup> are welcome to change session (after approval from base coach and technical director) but it is not mandatory, provided space is available.

**Specialty Programs:** Any skater that chooses to add a specialty program at any time throughout the season will be required to pay the full fee for the session. NO pro-rated fee will be applied to Specialty programs. No 3rd child discount applies.

# REGISTRATION INSTRUCTIONS

Members register online from the Milton Skating Club website. Registration will be accepted **ONLY** when completed in full and including all of the following

Level of competence, Payment - options below , Program Assistant choices, family commitment choices

Registrations will be accepted on a first come, first serve basis. Prior to September 5, 2019, receipt of applications will be accepted based on the following criteria with HOME CLUB status taking precedence for memberships

1. Township of Milton Resident - Home Club MSC Member.
2. Township of Milton Resident - Skater Sibling's Home Club MSC Member.
3. Township of Milton Resident - New Home Club MSC Member.
4. Non-Township of Milton Resident - Home Club MSC Member.

"Township of Milton" refers to the area enclosed within boundaries set by Town of Milton Planning Dept.

## **Milton Skating Club HOME CLUB Membership Fee:**

- The Milton Skating Club Membership fee must be paid by Sep 5, 2019 after which time membership is open to new skaters including non-home club members. This fee is \$475 and includes \$80 fundraising amount required for the Ontario Skaters Lottery and ONE 45 min off-ice class per week.
- Home Club members must purchase two full regular sessions each season. Skaters 14 years of age or older, who qualify for STAR 6-10 or GOLD, have the option of purchasing one session per season. Skaters eligible to skate one day a week are subject to the same rules and regulations of all skaters, and do so accepting a lower priority of ice availability than skaters who skate more than one day a week.
- There is a 5% discount if full payment by cheque is received by September 5, 2019 (excluding membership fee).

## **Non Home Club Members:**

- All Non Home Club Members are subject to the MSC membership fee. If payment is made online, the \$36 Skate Canada membership portion will be refunded.
- Non Home club members are eligible for 5% discount on session fees only if full payment by cheque is received by Sep 5/19
- Must attend PA training session. If the training session conflicts with obligations of their home club, exemption from attendance must be approved by MSC Board of Directors.
- Not eligible to test without home club permission.
- Required to pay mandatory fundraising fee.
- Submit completed PA form as required or pay recreational reimbursement subsidy

## **Associate Members:**

- Must pay \$36.00 Skate Canada Membership Fee
- Receive NO membership privileges.

## **Payment Options**

- Option 1:** One cheque for Membership Fee dated September 5, 2019 & 7 equal payments for session fees. Cheques postdated Oct 1/19, Nov 1/19, Dec 1/19, Jan 1/20, Feb 1/20, Mar 1/20 and Apr 1/20
- Option 2:** One Visa/MasterCard payment for Membership Fee & Full session fee processed September 5/19 (**NO DISCOUNT APPLIES**)
- Option 3:** One cheque for the Membership Fee & full session Fee dated September 5, 2019 (5% discount on session fee only). Membership fee/specialty program not applicable for discount.

## **PLEASE NOTE:**

- Note 1:** 3rd child (sibling) 1/2 price of least expensive membership (excludes Member Fee/specialty program)
- Note 2:** All NSF cheques will be subject to a \$25.00 administration fee.
- Note 3:** Option 1 is not a monthly payment plan. If a skater chooses to leave the club once the season has started, the club refund policy applies. Unless a refund has been approved by the MSC board, full payment is owed to the club and the 7 cheques will be cashed on the stated dates. Any stopped payments that result in NSF fees will be charged to the skater.
- Note 4:** Requests for refunds/credits must be submitted in writing for review by the Club Board of Directors. Please refer to the Figure Skating policies posted on our website for details.
- Note 5:** MSC reserves right to change/cancel program if membership warrants after registration.
- Note 6:** There will be a \$25.00 admin fee for changes to your original registration after Sept 30/19

# STAR 1 Members

Skaters that have completed Pre-STAR and received a STAR 1 rating

*Sessions run Sept 3rd, 2019 - June 13th, 2020*



## **STAR 1 REGULAR SKATING DAYS:**

Each STAR 1 Skater must purchase a **minimum of two** of the following full regular sessions:

**Mon 7:00-8:00pm    Tues 6:50-7:50pm    Wed 6:40-7:30pm    Thurs 7:10-8:10pm    Sat 1:00-1:50pm**

## **OFF-ICE PROGRAM:**

**Jump Class (off-ice): INCLUDED in membership (must preregister for choice)**

**Choice of Mon 6:10-6:55pm    Thurs 6:10-6:55pm    Sat 12:00-12:45pm**

Off ice Jump Classes are included for all STAR 1 Skaters. The classes are run by a professional coach and focus on the following components; warm up and stretching techniques, proper jump technique, position strengthening, and flexibility training.

## **PROFESSIONAL COACHES:**

**EVERY STAR 1 SKATER MUST OBTAIN THE SERVICE OF A CLUB PROFESSIONAL BASE COACH**

Coaching fees are in addition to the club fees listed below and are billed by the coaches and paid by the parents independent of the club. As many coaches have limited availability, it is recommended to make this selection prior to the start of the season however, after the two-week orientation period, all skaters must have chosen a BASE coach. A list of our coaching staff is available on the coaching page of this package, on our website and in our club office.

## **ORIENTATION BOOKLET AND MEETING:**

An MSC orientation booklet is available on our website or in the club office. The MSC will be hosting a STAR 1 Orientation meeting and pizza party for all skaters and their parents during the first half of the season. This event gives parents a chance to meet the club president, club ambassadors and other parents. Please watch the website and your email for the date.

## **FUNDRAISING:**

The Ontario Skaters Promotional Lottery is the only mandatory fundraiser for all members. The fee is included with your membership. You will receive 2 booklets of tickets. You may sell them or put your own name on them. Ticket stubs are due back in the club office January 25, 2020.

## **STAR 1 MEMBERSHIP FEES:**

**Star 1 Club & Skate Canada Membership Fee** (must be paid by every MSC member) \$475.00

**ALL STAR 1-3 TEST fees are INCLUDED in membership fee** (STAR 4 tests will be invoiced at \$12/test)

	<b>7 equal payments</b>	<b>Credit card</b>	<b>Cheque (5% discount)</b>
	For dates see reg instructions	Full payment Sep 5/19	Full payment Sep 5/19
<b>Monday 7:00</b>	\$42	\$294	\$279
<b>Tuesday 6:50</b>	\$45	\$315	\$299
<b>Wednesday 6:40</b>	\$38	\$266	\$253
<b>Thursday 7:10</b>	\$44	\$308	\$293
<b>Saturday 1:00</b>	\$36	\$252	\$239

Prices vary as number of wks/day varies due to cancellations such as holidays, hockey tournaments etc.

\*Total includes 5% discount if full payment (cheque) received Sep 5/19 (excluding membership fee)

*The Milton Skating Club reserves the right to alter program length due to changes in ice availability beyond our control*

# STAR 2 Members

Skaters that have received a STAR 2 rating

*Sessions run Sept 3rd, 2019 - June 13th, 2020*



SKATECANADA

## **STAR 2 REGULAR SKATING DAYS:**

Each STAR 2 Skater must purchase a **minimum of two** of the following full regular sessions:

Mon 7:00-8:00pm    Tues 5:50-6:50pm    Wed 5:50-6:40pm    Wed 6:40-7:30pm  
Thurs 6:10-7:10pm    Thurs 7:10-8:10pm.    Sat 12:00-1:00pm    Sat 1:00-1:50pm

## **STAR 2 OFF- ICE PROGRAM: (INCLUDED IN MEMBERSHIP FEE)**

**BALLET Class: Monday 6:00-6:45pm OR Saturday 11:00-11:45am**

Ballet teaches fundamental movement and body awareness that is essential for successful figure skaters. The class will be structured with figure skating in mind and will focus on performance.

## **STAR 2 OPTIONAL PROGRAMS: (Purchased IN ADDITION to membership fee)**

**FITNESS TRAINING: Wednesday 6:45-7:30pm**

Classes are available to all STAR 2 skaters. The classes are geared towards improving the fundamentals required to meet the high demand of on-ice performance. This will improve flexibility, cardiovascular endurance and strength therefore increasing power while decreasing injury risk. Please see the info sheet on the importance of off-ice training included in this package. Fees will not be pro-rated for late entrance into the program.

## **PROGRAM ASSISTANTS:**

All skaters 11 years of age or older are requested to volunteer as a program assistant. For registration to be considered complete you must register online.

## **FUNDRAISING:**

The Ontario Skaters Promotional Lottery is the only mandatory fundraiser for all members. The fee is included with your membership. You will receive 2 booklets of tickets. You may sell them or put your own name on them. Ticket stubs are due back in the club office January 25, 2020

## **STAR 2 MEMBERSHIP FEES:**

**Star 2 Club & Skate Canada Membership Fee (must be paid by every MSC member) \$475.00**

**ALL STAR 1-3 TEST Fees are INCLUDED in membership fee (STAR 4 tests will be invoiced at \$12/test)**

	<b>7 equal payments</b>	<b>Credit card</b>	<b>Cheque</b>
	For dates see reg instructions	Full payment Sep 5/19	Full payment Sep 5/19
<b>Monday 7:00</b>	\$42	\$294	\$279
<b>Tuesday 5:50</b>	\$55	\$385	\$366
<b>Wednesday 5:50</b>	\$46	\$322	\$306
<b>Wednesday 6:40</b>	\$38	\$266	\$253
<b>Thursday 6:10</b>	\$53	\$371	\$352
<b>Thursday 7:10</b>	\$44	\$308	\$293
<b>Saturday 12:00</b>	\$52	\$364	\$346
<b>Saturday 1:00</b>	\$36	\$252	\$239
<b>Fitness</b>			\$210

Fees vary as number of wks/day varies due to cancellations such as holidays, hockey tournaments etc.

\*Total includes 5% discount if full payment (cheque) received Sep 5/19 (excluding membership fee)

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# STAR 3 Members

Skaters that have received a STAR 3 rating

*Sessions run Sept 3rd, 2019 - June 13th, 2020*



SKATECANADA

## **STAR 3 REGULAR SKATING DAYS:**

Each STAR 3 Skater must purchase a **minimum of two** of the following full regular sessions:

**Mon 8:00-8:50pm    Tues 5:50-6:50pm    Tues. 7:50-8:50pm    Wed 4:50-5:40    Wed. 5:50-6:40pm**

**Thurs 6:10-7:10pm    Sat 12:00-1:00pm**

## **STAR 3 OFF- ICE PROGRAM: (INCLUDED IN MEMBERSHIP FEE)**

**FITNESS TRAINING: Tuesday 5:00-5:45pm. Or Wednesday 5:50-6:35pm**

Classes are available to all STAR 3 skaters. The classes are geared towards improving the fundamentals required to meet the high demand of on ice performance. This will improve flexibility, cardiovascular endurance and strength therefore increasing power while decreasing injury risk. Please see the info sheet on the importance of off-ice training included in this package.

## **STAR 3 OPTIONAL PROGRAMS: (Purchased IN ADDITION to membership fees)**

**BALLET Class: Monday 5:15-6:00pm or Thursday 7:15-8:00pm**

Ballet teaches fundamental movement and body awareness that is essential for successful figure skaters. The class will be structured with figure skating in mind and will focus on performance

## **PROGRAM ASSISTANTS**

All skaters 11 years of age or older are requested to volunteer as a program assistant. For registration to be considered complete you must register online.

## **FUNDRAISING:**

The Ontario Skaters Promotional Lottery is the only mandatory fundraiser for all members. The fee is included with your membership. You will receive 2 booklets of tickets. You may sell them or put your own name on them. Ticket stubs are due back in the club office January 25, 2020.

## **STAR 3 MEMBERSHIP FEES**

**Club & Skate Canada Membership Fee (must be paid by every MSC member)\$475.00**

**ALL STAR 1-3 TESTS are INCLUDED in membership fee (STAR 4 and up tests will be invoiced at \$12/test)**

	<b>7 equal payments</b>	<b>Credit card</b>	<b>Cheque</b>
	For dates see reg instructions	Full payment Sep 5/19	Full payment Sep 5/19
<b>Monday 8:00</b>	\$53	\$371	\$352
<b>Tuesday 5:50</b>	\$55	\$385	\$366
<b>Tuesday 7:50</b>	\$69	\$483	\$459
<b>Wednesday 4:50</b>	\$58	\$406	\$386
<b>Wednesday 5:50</b>	\$46	\$322	\$306
<b>Thursday 6:10</b>	\$53	\$371	\$352
<b>Saturday 12:00</b>	\$52	\$364	\$346
<b>Ballet</b>			\$210

Fees vary as number of wks/day varies due to cancellations such as holidays, hockey tournaments etc.

\*Total includes 5% discount if full payment (cheque) received Sep 5/19 (excluding membership fee)

*The Milton Skating Club reserves the right to alter program length due to changes in ice availability beyond our control*

# SELECT Members

Skaters that have received a SELECT invitation

Sessions run Sept 3rd, 2019 - June 13th, 2020



## SELECT PACKAGE

Must meet ALL of the following...

- Registration by invitation only
- Must be U10 as of Sept 1, 2019
- Has cleanly and consistently executed a Single Loop.
- Planning to stream into competitive skating.

**SKATING SESSIONS**      **Mon 6:10-7:00pm**

PLUS a min of TWO of the following...

Tues 5:50-6:50pm      Wed 5:50-6:40pm

Thurs 6:10-7:10pm      Sat 12:00-1:00pm

**SPECIALTY PROGRAMS**    **BOTH included (one in membership fee / one in session fee)**

**BALLET Class: MONDAY 7:10-7:55pm**

Ballet teaches fundamental movement and body awareness that is essential for successful figure skaters. The class will be structured with figure skating in mind and will focus on performance.

**FITNESS TRAINING: Wednesday 6:45-7:30pm**

Classes are geared towards improving the fundamentals required to meet the high demand of on ice performance. This will improve flexibility, cardiovascular endurance and strength therefore increasing power while decreasing injury risk.

## **FUNDRAISING:**

The Ontario Skaters Promotional Lottery is the only mandatory fundraiser for all members. The fee is included with your membership. you will receive 2 booklets of tickets. You may sell them or put your own name on them. Ticket stubs are due back in the club office January 25, 2020.

## **SELECT MEMBERSHIP FEES**

**Club & Skate Canada Membership Fee (must be paid by every MSC member)\$475.00**

**ALL STAR 1-3 TESTS are INCLUDED in membership fee (STAR 4 and up tests will be invoiced at \$12/test)**

	<b>7 equal payments</b>	<b>Credit card</b>	<b>Cheque</b>
	For dates see reg instructions	Full payment Sep 5/19	Full payment Sep 5/19
<b>Select</b>	\$81	\$567	\$539
<b>Tuesday 5:50</b>	\$55	\$385	\$366
<b>Wednesday 5:50</b>	\$46	\$322	\$306
<b>Thursday 6:10</b>	\$53	\$371	\$352
<b>Saturday 12:00</b>	\$52	\$364	\$346

Fees vary as number of wks/day varies due to cancellations such as holidays, hockey tournaments etc.

\*Total includes 5% discount if full payment (cheque) received Sep 5/19 (excluding membership fee)

*The Milton Skating Club reserves the right to alter program length due to changes in ice availability beyond our control*

# STAR 4 / 5 Members

Sessions run Sept 3rd, 2019 - June 13th, 2020



SKATECANADA

Skaters that have received either a STAR 4 or STAR 5 rating

\* indicates that the STAR 4 skater MUST be able to land a clean consistent axel to skate on this session.

## **STAR 4 / 5 REGULAR SKATING DAYS:**

Each STAR 4/5 Skater must purchase a **minimum of two** of the following full regular sessions:

**Mon 5:00-6:00pm** (STAR 5 only)      **Mon 8:00-8:50pm**      **Tues 7:50-8:50pm**      **Wed 4:50-5:40pm.**  
**Thurs 5:00-6:00pm**      **Fri 4:00-5:00pm** (STAR 4\*)      **Sat 9:00-10:00am** (STAR 4\*)      **Sat 12:00-1:00pm**

## **SPECIALTY PROGRAMS: (ONE included in membership fee - additional available for purchase)**

### **BALLET Class: SATURDAY 10:15-11:00am**

Ballet teaches fundamental movement and body awareness that is essential for successful figure skaters. The class will be structured with figure skating in mind and will focus on performance.

### **FITNESS TRAINING: Wednesday 5:50-6:35pm**

"Fitness training classes are included for all STAR 4 + skaters.

Classes are geared towards improving the fundamentals required to meet the high demand of on-ice performance. This will improve flexibility, cardiovascular endurance and strength therefore increasing power while decreasing injury risk.

## **PROGRAM ASSISTANTS:**

All skaters 11 years of age or older are requested to volunteer as a program assistant. For registration to be considered complete you must register online.

## **FUNDRAISING:**

The Ontario Skaters Promotional Lottery is the only mandatory fundraiser for all members. The fee is included with your membership. you will receive 2 booklets of tickets. You may sell them or put your own name on them. Ticket stubs are due back in the club office January 25, 2020.

## **STAR 4 / 5 MEMBERSHIP FEES**

**Club & Skate Canada Membership Fee** (must be paid by every MSC member) \$475.00

NO STAR 4 and up testing is included in Fees. (they will be invoiced at \$12/test)

	7 equal payments	Credit card	Cheque
	For dates see reg instructions	Full payment Sep 5/19	Full payment Sep 5/19
<b>Monday 5:00</b>	\$75	\$525	\$499
<b>Monday 8:00</b>	\$53	\$371	\$352
<b>Tuesday 7:50</b>	\$69	\$483	\$459
<b>Wednesday 4:50</b>	\$58	\$406	\$386
<b>Thursday 5:00</b>	\$79	\$553	\$525
<b>Friday 4:00</b>	\$75	\$525	\$499
<b>Saturday 9:00</b>	\$77	\$539	\$512
<b>Saturday 12:00</b>	\$52	\$364	\$346
<b>Addn'l off ice</b>			\$210

Fees vary as number of wks/day varies due to cancellations such as holidays, hockey tournaments etc.

\*Total includes 5% discount if full payment (cheque) received Sep 5/19 (excluding membership fee)

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# STAR 6 - 10 / GOLD Members

Skaters that have received either a STAR 6, STAR 8, STAR 10 or GOLD rating

Sessions run Sept 3rd, 2019 - June 13th, 2020



## STAR 6-10/ GOLD REGULAR SKATING DAYS:

Each STAR 6-10, GOLD Skater must purchase a **minimum of two** of the following full regular sessions:

**Mon 5:00-6:00pm (STAR 6/7)**

**Mon 8:00-8:50pm**

**Tues 7:50-8:50pm (STAR 6/7)**

**Wed 4:00-4:50pm**

**Thurs 5:00-6:00pm**

**Fri 4:00-5:00pm**

**Sat 9:00-10:00am**

## SPECIALTY PROGRAMS - (ONE included in membership fee - additional available for purchase)

### **BALLET: SATURDAY 11:00-11:45am**

Ballet teaches fundamental movement and body awareness that is essential for successful figure skaters. The class will be structured with figure skating in mind and will focus on performance.

### **FITNESS TRAINING: Wednesday 5:50-6:35pm**

Classes are geared towards improving the fundamentals required to meet the high demand of on ice performance. This will improve flexibility, cardiovascular endurance and strength therefore increasing power while decreasing injury risk.

## PROGRAM ASSISTANTS:

All skaters 11 years of age or older are requested to volunteer as a program assistant. For registration to be considered complete you must register online.

## FUNDRAISING:

The Ontario Skaters Promotional Lottery is the only mandatory fundraiser for all members. The fee is included with your membership fee. You will receive 2 booklets of tickets. You may sell them or put your own name on them. Ticket stubs are due back in the club office January 25, 2020

## STAR 8-10, GOLD MEMBERSHIP FEES

**Club & Skate Canada Membership Fee** (must be paid by every MSC member) \$475.00

NO STAR 4 and up testing is included in Fees (They will be invoiced at \$12/test)

	7 equal payments	Credit card	Cheque
	For dates see reg instructions	Full payment Sep 5/19	Full payment Sep 5/19
<b>Monday 5:00</b>	\$75	\$525	\$499
<b>Monday 8:00</b>	\$53	\$371	\$352
<b>Tuesday 7:50</b>	\$69	\$483	\$459
<b>Wednesday 4:00</b>	\$56	\$392	\$372
<b>Thursday 5:00</b>	\$79	\$553	\$525
<b>Friday 4:00</b>	\$75	\$525	\$499
<b>Saturday 9:00</b>	\$77	\$539	\$512
<b>Addn'l off ice</b>			\$210

Fees vary as number of wks/day varies due to cancellations such as holidays, hockey tournaments etc.

\*Total includes 5% discount if full payment (cheque) received Sep 5/19 (excluding membership fee)

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# PRE-COMPETITIVE Members

Skaters that have received a Pre-Competitive invitation  
*Sessions run Sept 3rd, 2019 - June 13th, 2020*



## Pre-Competitive PACKAGE

Must meet ALL of the following...

- Registration by invitation only
- Must be U12 as of Sept 1, 2019
- Has clean and consistent set of single jumps - Working on Axel.
- Planning to stream into competitive skating

**SKATING SESSIONS** Tues 4:50-5:40pm, Sat 10:00-10:50am

PLUS a min of ONE of the following...

Mon 8:00-8:50pm Wed 4:50-5:40pm Wed 5:50-6:40pm, Thurs 6:10-7:10pm. Sat 12:00-1:00pm

## SPECIALTY PROGRAMS BOTH included (one in membership fee / one in session fee)

**BALLET Class: SATURDAY 9:00-9:45am**

Ballet teaches fundamental movement and body awareness that is essential for successful figure skaters. The class will be structured with figure skating in mind and will focus on performance.

**FITNESS TRAINING: Tuesday 6:00-6:45pm**

Classes are geared towards improving the fundamentals required to meet the high demand of on ice performance. This will improve flexibility, cardiovascular endurance and strength therefore increasing power while decreasing injury risk.

## FUNDRAISING:

The Ontario Skaters Promotional Lottery is the only mandatory fundraiser for all members. The fee is included with your membership. you will receive 2 booklets of tickets. You may sell them or put your own name on them. Ticket stubs are due back in the club office January 25, 2020.

## PRE-COMPETITIVE MEMBERSHIP FEES

**Club & Skate Canada Membership Fee (must be paid by every MSC member) \$475.00**

**ALL STAR 1-3 TEST Fees are INCLUDED in membership fee (STAR 4 tests will be invoiced at \$12/test)**

	7 equal payments	Credit card	Cheque
	For dates see reg instructions	Full payment Sep 5/19	Full payment Sep 5/19
<b>Pre-Competitive</b>	\$138	\$966	\$918
<b>Monday 8:00</b>	\$53	\$371	\$352
<b>Wednesday 4:50</b>	\$58	\$406	\$386
<b>Wednesday 5:50</b>	\$46	\$322	\$306
<b>Thursday 6:10</b>	\$53	\$371	\$352
<b>Saturday 12:00</b>	\$52	\$364	\$346

Fees vary as number of wks/ day varies due to cancellations such as holidays, hockey tournaments etc.

\*Total includes 5% discount if full payment (cheque) received Sep 5/19 (excluding membership fee)

*The Milton Skating Club reserves the right to alter program length due to changes in ice availability beyond our control*

# COMPETITIVE Members

Skaters that have received a Competitive rating

*Sessions run Sept 3rd, 2019 - June 26th, 2020*



## COMPETITIVE PACKAGE

Must meet ALL of the following...

- Has cleanly and consistently executed a Single Axel.
- Must be U14 as of Sep 1, 2019
- Planning to stream into competitive skating
- **MUST COMPETE in STAR 5, 6, 7 or PRE-JUVENILE**

**SKATING SESSIONS**      Mon 5-6pm      Thurs 5-6pm      Sat 9:00-10:00am

**PLUS a min of ONE of the following...**

Tues 7:50-8:50pm, Wed 4:00-4:50pm, Fri 4:00-5:00pm\* Fri 5:00-6:00p\* (must land 5 different dbls)

## SPECIALTY PROGRAMS    **BOTH included (one in membership fee / one in session fee)**

**BALLET Class: SATURDAY 10:15-11:00am**

Ballet teaches fundamental movement and body awareness that is essential for successful figure skaters. The class will be structured with figure skating in mind and will focus on performance.

**FITNESS TRAINING: Wednesday 5:00-5:45pm**

Classes are geared towards improving the fundamentals required to meet the high demand of on ice performance. This will improve flexibility, cardiovascular endurance and strength therefore increasing power while decreasing injury risk.

## PROGRAM ASSISTANTS:

ALL skaters 11 years of age or older are requested to volunteer as a program assistant. For registration to be considered complete you must register online.

## FUNDRAISING:

The Ontario Skaters Promotional Lottery is the only mandatory fundraiser for all members. The fee is included with your membership. you will receive 2 booklets of tickets. You may sell them or put your own name on them. Ticket stubs are due back in the club office January 25, 2020.

## COMPETITIVE MEMBERSHIP FEES

**Club & Skate Canada Membership Fee** (must be paid by every MSC member) \$475.00

NO STAR 4 and up testing is included in Fees - it will be invoiced at \$12/test)

	7 equal payments	Credit card	Cheque
	For dates see reg instructions	Full payment Sep 5/19	Full payment Sep 5/19
<b>Competitive</b>	\$276	\$1932	\$1835
<b>Tuesday 7:50</b>	\$69	\$483	\$459
<b>Wednesday 4:00</b>	\$56	\$392	\$372
<b>Friday 4:00</b>	\$75	\$525	\$499
<b>Friday 5:00</b>	\$75	\$525	\$499

Fees vary as number of wks/day varies due to cancellations such as holidays, hockey tournaments etc.

\*Total includes 5% discount if full payment (cheque) received Sep 5/19 (excluding membership fee)

*The Milton Skating Club reserves the right to alter program length due to changes in ice availability beyond our control*

# ELITE Members

Sessions run Sept 3rd, 2019 - June 26th, 2020

To ensure the best training situation possible, available spaces are restricted. Fees have been calculated accordingly.



## QUALIFICATIONS:

Must meet ALL of the following pre-requisites:

1. **MUST plan to compete Pre-Novice or higher** for the 2019-2020 season.
2. Must have their BASE coach and Technical Director consent to participate

## ELITE Membership INCLUDES...

On ice sessions (five per week)...

<b>Monday 4:00-5:00pm</b>	<b>Tuesday 4:00-4:50pm</b>
<b>Thursday 4:00-5:00pm</b>	<b>Friday 5:00-6:00pm</b>
<b>Saturday 11:00-12:00pm</b>	

## SPECIALTY PROGRAMS 2 FITNESS Classes included (one in membership fee / one in session fee) Wednesday 4:15-5:00pm and Friday 4:00-4:45pm

Classes are geared towards improving the fundamentals required to meet the high demand of on-ice performance. This will improve cardiovascular endurance and strength therefore increasing power while decreasing injury risk.

## PROGRAM ASSISTANTS:

All skaters 11 years of age or older are requested to volunteer as a program assistant. For registration to be considered complete you must register online.

## FUNDRAISING:

The Ontario Skaters Promotional Lottery is the only mandatory fundraiser for all members. The fee is included with your membership. You will receive 2 booklets of tickets. You may sell them or put your own name on them. Ticket stubs are due back in the club office January 25, 2020.

## ELITE MEMBERSHIP FEES

**Club & Skate Canada Membership Fee** (must be paid by every MSC member) \$475.00

NO STAR 4 and up testing is included in Fees. (They will be invoiced at \$12 / test)

## Payment Options

	7 equal payments	Credit card	Cheque
	For dates see reg instructions	Full payment Sep 5/19	Full payment Sep 5/19
<b>Elite fees</b>	\$423	\$2961	\$2813

Fees vary as number of wks/ day varies due to cancellations such as holidays, hockey tournaments etc.

\*Total includes 5% discount if full payment (cheque) received Sep 5/19 (excluding membership fee)

*The Milton Skating Club reserves the right to alter program length due to changes in ice availability beyond our control*

# Coaching Staff

Milton Skating Club is fortunate to have a talented, highly experienced and very capable coaching staff.

**All STAR 1-10, GOLD, Select, Pre-Comp, Competitive and Elite skaters MUST contract a Milton Skating Club BASE COACH.** New skaters to the club will be given two weeks to retain the services of a BASE coach. The choice of BASE coach should be based on the skater and coach's compatibility as well as the availability of each.

## BASE COACHES

**NANCY LEMAIRE**

E-mail: [nancy.lemaire@cogeco.ca](mailto:nancy.lemaire@cogeco.ca)

Available: Mon, Tues, Wed, Thurs, Fri and Sat

**COLLEEN MELANSON**

Email: [colmelanson@sympatico.ca](mailto:colmelanson@sympatico.ca)

Available: Mon, Tues, Wed Thurs and Sat

**DANIELLE RUTLEDGE**

Email: [2onice@cogeco.ca](mailto:2onice@cogeco.ca)

Available: Mon, Tues, Wed, Fri and Sat

**MAZIN THOMAS**

Email: [mazinpthomas@hotmail.com](mailto:mazinpthomas@hotmail.com)

Available: Mon, Tues, Thurs, Sat

## FULL TIME / PART TIME COACHES

**HOLLY ALAC**

Email: [holly.alac@outlook.com](mailto:holly.alac@outlook.com)

Available: Mon, Tues, Thurs

**KARYN CSEFF**

Email: [karyn.mail@gmail.com](mailto:karyn.mail@gmail.com)

Available: Mon, Tues, Wed

**MADELYN DUNLEY**

Email: [m.r.dunley@gmail.com](mailto:m.r.dunley@gmail.com)

Available: Mon, Wed, Thurs, Sat

**ANN FISHER**

Email: [fisherannl@gmail.com](mailto:fisherannl@gmail.com)

Available: Mon, Tues, Wed, Thurs, Fri and Sat

**PAUL FISHER**

Email: [fishersharpening@gmail.com](mailto:fishersharpening@gmail.com)

Available: Mon, Wed, Thurs, Fri

**LAURIE FULLER**

Email: [lmcdonellfuller@gmail.com](mailto:lmcdonellfuller@gmail.com)

Available: Tues, Wed, Sat

**MELISSA HUNTER**

Email: [melissa\\_hunter89@hotmail.com](mailto:melissa_hunter89@hotmail.com)

Available: Mon, Tues, Wed, Thurs, Fri and Sat

**STEPHANIE LAFLEUR**

Email: [steph\\_lafleur@yahoo.ca](mailto:steph_lafleur@yahoo.ca)

Available: Mon, Tues, Wed, Sat

**DEREK SCHMIDT**

Email: [dwschmidt@gmail.com](mailto:dwschmidt@gmail.com)

Available: Mon, Tues, Wed, Thurs, Fri and Sat

# Milton Skating Club - Skater Code of Conduct

Milton Skating Club aims to promote a safe, supportive environment for the skating community that equally respects our common interests and our differences for all skaters to enjoy the sport and fulfill their own individual goals within a team spirit. In support of this objective, the Milton Skating Club has adopted the following Code of Conduct based on the following principles:

- Milton Skating Club By-laws and Rules.
- A Harassment-Free policy.

Members and parents of Pre-Star to Elite are required to review, discuss and accept this Code of Conduct and indicate that they have read and understand their responsibilities by signing the attached agreement before participating in club activities.

All Milton Skating Club members must conduct themselves in a manner respectful of all policies and property at the ice rink as well as any other facility. Any violation of facility policy may result in disciplinary action from the Club. This Code of Conduct is also in effect when the Club is represented at out of rink activities. Please exhibit a model of behaviour that will provide a good example to the community and encourage pride in our Club.

- Members are expected to follow the direction of Ice Rink staff and Milton Skating Club members acting as rink attendants during Club sessions or Club events.
- Members shall not harass or abuse physically / verbally, any other skaters / coaches / officials / parent at any time.
- At team events, simulations and competitions, skaters are encouraged to make an effort to support their fellow skaters during their performances.
- Members are expected to follow any coach's instructions where that coach may request restrictions on routines or elements that he / she deems unsafe or dangerous to other skaters on any club ice session.
- Members are expected to follow the Ice Etiquette and Guidelines for fun and safe skating shown below.
- Any act performed by a Club member that a rink attendant, member, coach or parent sees and deems inappropriate or unsafe may be brought to the Milton Skating Club Board's attention for disciplinary action necessary as described below.

## Conflict Resolution

With many different people and personalities coming together to participate in skating – whether as skaters, friends, family or fans – it is no surprise that conflicts will occasionally arise from differences of opinion or simple misunderstandings.

Moreover, the fast-paced, risky nature of skating makes it natural that skaters will sometimes collide or accidentally get in each other's way – even when they are maintaining complete awareness and exercising reasonable caution. As a friendly reminder, all skaters who accidentally run into each other or cut each other off are encouraged to say, "I'm sorry" or excuse themselves in a polite manner, even if it appears that the other person is more at fault. It shows graciousness, maturity and respect – qualities that bring out the best in all of us.

However, if a member wishes to object to an instruction by an Ice Rink staff, coach, parent or fellow skater, the member shall make the objection known to his / her own coach first. The skater's coach is responsible for the resolution of the issue. If the coach cannot reach resolution of the issue, the coach shall then bring the matter to the Board in writing.

# Disciplinary Action

## CLASS I

- Intentionally leaving objects on the ice
- Chewing gum, eating or drinking on the ice (exception for water / sports drink at the boards)
- Discourteous behaviour

## CLASS II

- Abusive or obscene language, profanity or any gesture of profanity
- Lack of cooperation with any official, parent, coach or rink staff
- Displaying or promoting unsafe actions on the ice or elsewhere in the facility
- Deliberately skating in a manner that interferes with another skater's safety
- Any destruction or defacement of property including the ice surface

## CLASS III

- Any intentional physical contact, bodily or by throwing objects, which would be considered aggressive in nature by a responsible, prudent person
- Threatening or harassing of other skaters or persons
- Possession or use of any illegal substance on the premises
- Theft

## Consequences for Infractions

### CLASS I

- 1st offence – verbal warning
- 2nd offence – verbal warning of upgrade upon next offence
- 3rd offence – upgrade to Class II – 1st offence

### CLASS II

- 1st offence – Immediate removal from the ice and loss of privileges for the following session, written apology to offended party, letter of reprimand with warning of upgrade upon next offence.
- 2nd offence – Meeting of all parties concerned for disposition, upgrade to Class III

### CLASS III

A Class III will require a meeting with the Board, skater and parents, if the skater is a minor.

- 1st offence – Removal from Club ice and Club activities for a length of time to be determined by the Board, written letter of apology to offended party. If the skater is under 18 years of age, upon return to ice, parent must accompany skater for a period of time to be determined by the Board of directors.
- 2nd offence – Permanent Club suspension.

# Milton Skating Club - Parent Code of Conduct

All parents are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication and mutual respect.

Parents shall always model positive responsible behaviour and communicate with their son/daughter that they expect them to do the same. Parents will assume the major responsibility for their son/daughter's on ice conduct and attitude.

Parents shall at all times treat all individuals and property with dignity, courtesy and respect, including but not limited to skaters, coaches, officials, volunteers, other parents, and all other individuals that are part of the club, skating school, Section or Skate Canada.

- Parents shall refrain from any behaviour or comments which are profane, insulting, harassing, sexist, racist, abusive, disrespectful or otherwise offensive without hostility or violence.
- Parents shall emphasize the importance of values like sportsmanship, respect, cooperation, competition and teamwork to their son/daughter offering praise for competing fairly, participation and skill development.
- Parents shall model and encourage their son/daughter to maintain a healthy balance between skating and life. (e.g., school, other activities, social life, etc.)
- Parents shall model and encourage balanced, healthy food choices and subscribing to an active and healthy lifestyle.
- Parents shall set high, but reasonable expectations for their son/daughter's participation in skating focusing on development and enjoyment for the child.
- Parents shall in still confidence in their son/daughter's ability and skill development, always avoiding comparisons with other skaters.
- Parents shall celebrate the acquisition of skills and goals achieved by their son/daughter.
- Parents, along with the professional coach and the athlete, shall be considered members of a team whose main concern is the child's overall progress and development. Parents shall respect that the professional coach is responsible and empowered for the on-ice and off-ice development of the athlete. A parent's role shall be to take a healthy interest in their child's progress and development and be responsible for the child's nutrition, rest, adherence to off-ice training regimen set by the coach or other fitness professional, overall health, life-balance, and moral and emotional support.
- Parents shall ensure their son/daughter wears proper skating clothing and equipment.
- Parents shall never provide alcohol or drugs to minors in a Skate Canada environment.
- Parents shall never provide or advocate the use of performance enhancing drugs or substances.
- Parents shall avoid any conduct, which brings their club, skating school, Section or Skate Canada, into disrepute, including but not limited to abusive use of alcohol, non-medical use of drugs and gambling.
- Parents shall openly support and uphold this code of conduct policy and take action and steps to ensure other parents follow and uphold this code of conduct policy.
- Parents shall adhere to policies, procedures, rules, standards and ethics of Skate Canada at all times.